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Enabling professionals to deliver world class materials to those who want and need them.

## How to be a good friend.

Good friends are the most valuable things in life. So to know how to be a good friend is very important. Luckily, there are clear rules.



### **A good friend makes you feel good about yourself.**

So, don't be rude to your friends. And always try to understand why they feel the way they do and do the things they do.

### **Keep secrets - no gossiping.**

You get to know things about your friends that other people don't know. It's best to keep these things to yourself.



### **Don't say or do anything bad behind your friend's back.**

True friends don't do that. Imagine your friend heard everything you said about them or saw everything you did. Would they be happy with what you were saying and doing?

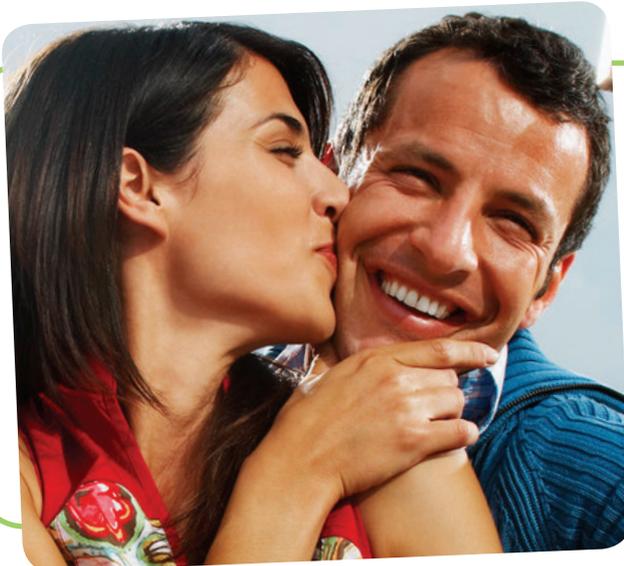
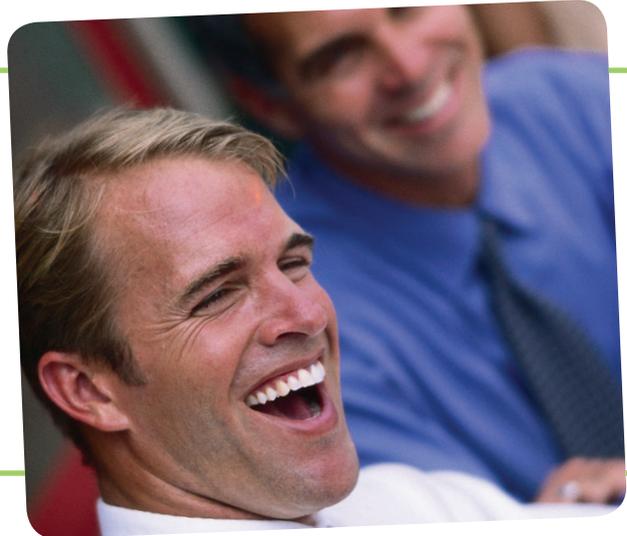


## **Be there in good times and in bad times.**

A good friend sticks by his friends whether things are going well or badly.

## **Be interested in your friends.**

Good friends are interested in each other. They are interested in what each other says and what each other does.



## **Special friendships.**

A special friendship is where two people are physically intimate with each other, and both people want to be. Exactly the same rules apply.

## **Discussion**

Go through each of the headings above and discuss.

## **Project**

Try to follow the advice here and say how you get on next time.